

Eucharist of the Living Christ

The Spirit of God be with you
And also with you.

Lift your hearts to God
Who lives in us through Christ.

Let us give thanks to God for his abundant blessings.
It is right to offer thanks and praise.

In the blessed abundance of creation, we gather to celebrate the nourishing gift of life.
We gather in the power of the Spirit whose breath inspires the primal waters,
calling into being the variety and abundance we see around us.

That same Spirit sustains and animates our every endeavour,
inviting us to act in wisdom and in truth.
In gratitude and joy we embrace our calling and we lift our
voices to proclaim as one the ancient song of praise:

**Holy, Holy, Holy : God of mercy, giver of life; earth and sea and sky and all that lives
declare your presence and your glory.**

As a worshipping people, we gather in the power of the Spirit,
refreshing wind, purifying fire and living breath for the variety and diversity of life.
As a Christian people we seek to live as Jesus taught us, wise and holy
as Spirit-filled people, courageous and prophetic, ever obedient to the Spirit's call.

That same Spirit we now invoke, to liberate in these gifts of bread and wine,
the nourishing power of holy wisdom, that they may
become for us the Body and Blood of Jesus our Saviour.

Gathering the beloved community around the table of
nourishing hope, Jesus took the bread, and in grateful
remembrance offered the bread to each and to all,
uttering these words: Take this all of you;
This is my body which will be given up for you.

After the meal, Jesus took a cup,
poured out in a spirit of solidarity and empowerment.
Jesus gave thanks and shared the cup with his friends, saying:
Take this, all of you and drink from it;
This is the cup of my life-blood,
the life of the new and everlasting covenant.
In prophetic solidarity, it is poured out for you and for all.
Sustain one another in the power of sacred memory.

Nurtured by your Word, nourished by your food;
Called anew to be your people, we proclaim the Living Christ:

**Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me,
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.**

We gather as a people of cherished memories
in a creation infused with divine energy from the dawn of time.
And we look forward in hope as the creative Spirit – amid the
chaos and confusion of life – continues to liberate
fresh possibility and enduring hope.

That same Spirit we invoke upon all who are gathered here
that our solidarity around the Eucharistic table
may awaken in us a yearning for justice and generosity,
so that all peoples can enjoy the gifts
of God's abundant nourishment.

We unite our thoughts and prayers with all who yearn for
new life, those who are living and enrich our lives with
friendship and love; those who have died and continue to
sustain us in the cosmic communion of life.

In our daily lives may we be blessed with wisdom and courage,
with vision and resolve, forever committed to God's reign of
justice, love and peace, faithful to God's grace
all the days of our lives.

With grateful hearts we acclaim our faith and hope in the
Holy One: Creator, Liberator and Holy Spirit,
nourishing and sustaining us, this day and forever. Amen.

With grateful and humble hearts, we now pray
**Most Compassionate Life-giver, may we honor and-praise you; may we work with you to
establish your new order of justice, peace and love. Give us what we need for growth, and
help us, through forgiving others, to accept forgiveness. Strengthen us in the time of testing,
that we may resist all evil for all the tenderness, strength and love are yours, now and
forever. Amen.**

THE FRACTION (*done in silence*)

FRACTION ANTHEM

We thank you for the holy vine of David your servant, which you made known to us through Jesus you Servant; to you be the glory for ever.

We thank you for the life and knowledge which you made known to us through Jesus your Servant; to you be the glory for ever. Even as this broken bread was scattered over the hills, and was gathered together and became one, so may your Church be gathered together from the ends of the earth.

This is the table, not of the Church, but of the Lord. It is made ready for all God's children. Come, because it is the Lord who invites you. All are welcome.

AFTER COMMUNION

Let us pray.

Lord Jesus Christ, you have put your life into our hands; now we put our lives into yours. Take us, renew us, and remake us. What we shall be through you awaits us. Lead us on. Take us with you. Amen.

BENEDICTION

Now may the Spirit of God, who brooded over the waters and brought order out of chaos, find a home in our hearts and settle our minds. May God bless you and keep us, that we may live in his Christ and be Christ in the world.

DISMISSAL

Let us go forth to worship God!

Christ in us! Christ our Light! Alleluia!